



P.O. Box 2291
Riverside, CA 92516-2291

“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”
Matthew 11:28-30 (NIV)

Upcoming events

- 4/25/20 Car Show - alphaomegacarcrew.ticketleap.com
- 5/16/20 Human Trafficking 101 Training.
- Sign up at info@rebirthhomes.com
- 11/5/20 Fall Gala- More information to follow
- 11/26/20 - Riverside Turkey Trot

Stay connected with us on social media



Rebirth Homes



@RebirthHomes

Prayer Request

Pray for healing for the women who recently entered our Healing Phase Home.

Pray for unity and peace in the homes and for community to develop to support each other.

Pray for strength, healing and perseverance for our staff and volunteers.

Pray for our financial partners - for God's blessings and protection over them.

Pray for the 40 Million people trafficked around the world - for freedom and strength one day at a time..

Prayer connection card

If you want to be a prayer partner with Rebirth Homes, you can sign up to join our team.

☐ Please send me updates about prayer opportunities and upcoming events.

Email: _____

“This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us.” ~ 1 John 5:14

P.O. Box 2291
Riverside, CA 92516-2291

Become a freedom partner

Name: _____

Email: _____

Phone: _____

Address: _____

City: _____

Zip code: _____

Here is my one time gift: \$ _____

☐ I want to join your monthly support team. Please contact me.

For online giving visit Rebirthhomes.com/giving

Rebirth
Homes

NEWSLETTER QUARTERLY 2020

A life Changed



One of the most exciting parts of the work that we do here at Rebirth Homes is celebrating graduations of the women in our program when they have completed their program goals and are ready for the next season of life. In January we had the joy of celebrating another participant's graduation. This woman has been part of our Rebirth Family for over a year, and during that time she has grown in creativity, in love, in faith, in wisdom, and in relationships.

Her graduation from Rebirth coincides with her successful completion of her court requirements as well, and many of her supporters joined her in court to mark this important moment in her journey by wearing red at her request. At her graduation, this participant shared that she chose red to represent the blood of Jesus and His great love.

We are so thankful for our financial partners, counselors, staff, volunteers, mentors, the RCAHT team, Riverside County Universal Health, and everyone who made this graduation possible.

As her journey with Rebirth has drawn to a close, her next adventure opens up, and we are so proud of the work she has done already in her healing journey. We will miss her sweet voice echoing through the home, but we are so excited to see her reconnect with her family. Please join us in thanking the Lord for the work He has done in her life and in praying for her during this transition and as she pursues her dreams.





It begins with a call looking for help

“So, what does Rebirth homes do?” This question is often asked when we are presenting to the community and when we are meeting with a potential program participant for the first time. The short answer is journey

with survivors of human trafficking to facilitate their healing and life-change through God’s love. This happens in many ways, and today, we’re going to take you on a behind the scenes tour of what Rebirth Homes does.

Generally, it starts with a phone call from a survivor of human trafficking or from another organization. We speak with the survivor directly on the phone and explain a little bit about Rebirth Homes and who we are. We ask her a few questions about herself and her goals for the future. (Our CEO, Debbie Martis, will get calls on weekends and at all hours of the day from women across the country looking for help.)

After the call, a Rebirth Homes team member will meet in person with the survivor, and one of the volunteer therapists will do an assessment with the survivor. From there, both the survivor and Rebirth Homes’ team assess if our program is the best fit for her. While we would love to help everyone, we have learned over time that it has to be a good fit and the right time for the Rebirth Homes program to work well.

We love seeing the reaction of women first entering the home! It is one of gratitude and relief at being somewhere safe. Since January 6th of this year, Rebirth Homes has welcomed six new women into our program and it has been awesome seeing them come in and start to heal. The first month is generally the hardest month as it is a new place and a big adjustment for everyone. After the first month, progress is made pretty rapidly. As Maslov’s hierarchy of needs predicts, the women progress through the levels, from safety needs to love and belonging to esteem and self-actualization, once they start to feel at peace knowing they are safe. The unfortunate reality is that many of them experience

nightmares as they are finally able to sleep in peace, and the trauma of the past affects them at night. This is one of the



important places where prayer comes in! Will you pray for the six new women in our program and for their healing?

Rebirth Homes now has two homes in Riverside County that allow us to break up our phases and provide a higher level of healing. In the 3-part Healing Phase, the women are given 4-6 months to focus on intense healing and therapy. We use curricula such as “Ending the Game” and “Safe People” to focus on equipping the women for the future and the decisions they will be making in relationships. During the Healing Phase, the primary focus is on healing in all areas of life. Many of the women have been living in crisis with physical ailments as well as the extreme trauma of their past. Our volunteer counselors help each woman with the trauma and provide support for them during times of PTSD, depression or anxiety. While much of this healing work is challenging, part of the time is spent having fun by doing activities like beach trips, garden trips, and movie nights. We recognize that having fun is a big part of healing too!

Once a woman graduates from the Healing Phase, she becomes eligible for the “Transitional Phase.” During the Transitional Phase, the primary focus is on job placement, attending school and equipping her for living independently in the future. This phase can last 6-18 months depending on each woman and her goals.

Perhaps our favorite thing to see is a participant graduate from Rebirth Homes. After successfully completing the program and achieving her personalized goals, we celebrate her in a graduation from the program. It is in this moment of looking back over the journey that we can see most clearly how the small and large steps along the way--her decision to join the program, that first moment of gratitude when she walked through our doors, beginning the healing process by facing deep trauma with loving support and finding deep joy in community and rest, and finally working through the transitional phase and preparing for life after Rebirth Homes--each have been an important piece in life change.



Answering the call to serve

I first served at Rebirth Homes as the Service Coordinator Intern in January 2019, and eventually became full-time staff in July 2019. My long term goal and dream for myself always circles back to being a Licensed Marriage and Family Therapist, with some form of degree in divinity/theology. Working here has given me invaluable experience that I would not have been able to obtain anywhere else, and thus is bringing me one step closer to achieving that dream. However, working at Rebirth has allowed me to be open to the Holy Spirit in ways I never was before. I’m constantly being formed and pruned by the Lord.

What I enjoy the most about working at Rebirth Homes is that it’s allowed me to practice my faith freely and not have to put church duties on the back burner. While working here, I’m still able to serve in youth and music ministry frequently at two churches. In the last year of working at Rebirth, God revealed and brought about several opportunities in. He answered several prayers that I’d asked for years ago. Working here is a consistent formation in my character and journey of learning, but it’s never boring.

The difficult part of working here, as one could guess, is the emotional impact it has on a person. Serving at Rebirth Homes as long as I have now, I recognize now more than ever the importance of self care. I learned that I have to really wrap myself in the Holy Spirit and pray for protection every day I walk into the office. It’s also formed me into understanding my boundaries

more and knowing when I need to separate and allow myself to be poured into so that I can serve the women to my best ability.

My favorite moment so far in this past year of working here, was witnessing our most recent graduate. When I first started, she took me on as her mentor with music. When I became official staff, she became my client. She was the first lady in the home to introduce herself and begin a conversation with me. At her graduation, we all spoke warm words of affection towards her. She gave a mini performance to us, and it was a surreal and sentimental moment because I’d seen her grow up in the one year of serving in Rebirth Homes. It was a bittersweet moment and it reminded me of the initial “yes” I gave the Lord when He first called me here. I knew at that moment, I had a purpose in being here.

In my time here, the Lord answered my questions about vocation, revealed my capabilities as a leader and minister, and is constantly revealing to me where I find the most peace. Every day that I’m here, I feel that I am growing spiritually. I feel myself entering the space of being in total surrender again. Everything feels uncertain for me, but the truth remains that He is working for my good, and that’s the only certainty I need. Being here has reminded me of that truth time and time again.



#DRIVE2FREETHEM CAR SHOW! Fundraising opportunity

If you would like to show off your sweet ride or see some cool cars and fight human trafficking, register with alphaomegacarcrew.ticketleap.com

Alpha Omega Car Crew is partnering with Rebirth Homes to raise money and awareness to fight human trafficking. The money received from this car show will be given to Rebirth Homes to help survivors of human trafficking.

We will be holding raffles and a Top 10 contest at the event. Registration will be posted on February 1, 2020. We’ll have 150 spots for car registration and it will be \$20 online or \$25 at event.

We will have a children's booth where

they can color and hangout with other kids. Don't leave your children unattended.

Date: April 25, 2020

Time: 10am-2pm.

Location: 12489 Foothill Blvd. Rancho Cucamonga, CA 91739.

Spectators are free. There will be vendors at the event. Hope to see you guys there!